



ACTIONWEST FR

Manufactured by: ACTIONWEAR SASKATOON INC.
114 MELVILLE STREET, SASKATOON, SASK. S7J 0R1

Actionwear Size Chart Information

If you are unsure what size to order, please provide the following information in the measurement guide.

- Accurate measurements in imperial units -inches, pounds, etc.,
- Height, weight, chest, waist and inseam are always required, and
- Fit preferences

Actionwear's experienced customer service staff will use your measurements and fit preference to determine the appropriate Actionwear size for the styles you require.

Note: These measurements are only used as a guideline to help us determine the best possible fit from our standard size range. These garments are not custom made.

Custom made garments can be produced for people that do not fit into garments in our stock size range. In these cases, Actionwear will provide a price quotation along with details of the custom size that will be made.

Custom production garments cannot be exchanged or returned.

Sincerely,

Actionwear Customer Service



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Size Chart Index

Note: Please check style's product web page to verify size ranged used.

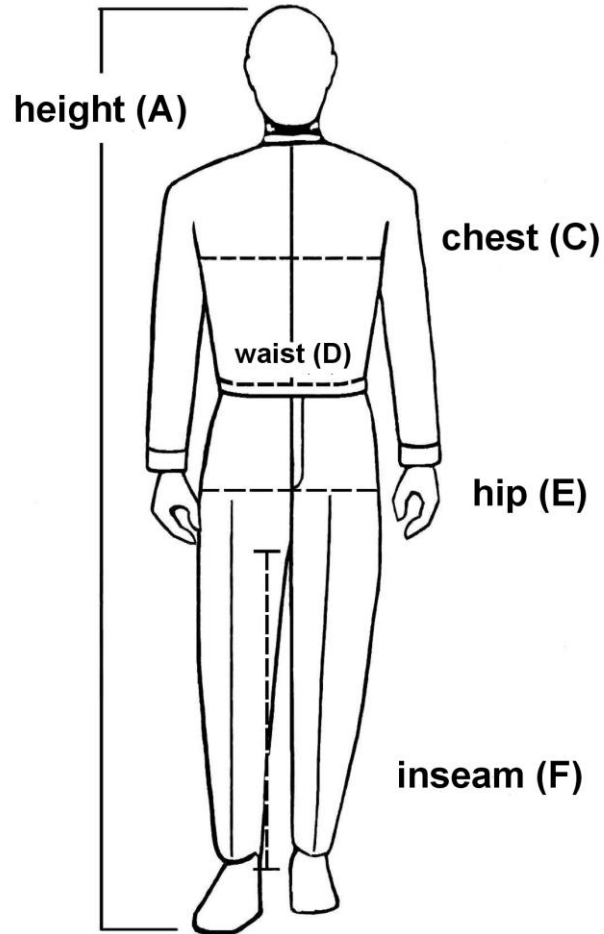
Page #	Description
1 to 3	Measurement guide
4	Numeric Sizes: Unlined coveralls, Bomber Jackets, Parkas
5	Numeric Sizes: Extended Size Range* for 8310 Unlined Deluxe Coverall (*For designated colours)
6	Numeric Sizes: Ladies Fit Guideline for 8310 Unlined Deluxe Coverall Differences between fit of unlined coverall styles: Deluxe (1310US, 8310) and Utility (1307US, 8307)
7	Numeric Sizes: Shop Coat (Lab Coat) Note: Shop coats have their own unique numeric size chart because of slight fit differences
8	Alpha-Numeric Sizes: Insulated Coveralls, Bib Pants, 3 in 1 Jackets, and Fleece Jackets
9	Alpha-Numeric Sizes: Shirts Waist Sizes: Pants
10	Alpha-Numeric Sizes: Fleece Sweat Pant
11	Alpha-Numeric Arctic Sizes: Actionwear Arctic Survival System Garments



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Measurement Guideline Instructions



Height (A)	Measurement from top of head to floor
Weight (B)	
Chest (C)	Circumference of chest just below under arm
Waist (D)	Circumference of waist where you normally wear your pants Include a belly measurement if applicable and larger than waist
Hip (E)	Circumference measurement 8" below waist or fullest part of hip
Inseam (F)	Measurement from crotch to 1" above floor
(G)	Any measurement or comment you feel would be applicable
<p>Please provide the following measurements in inches and pounds accordingly.</p> <p>Actual measurements must be provided to ensure proper fit. Please do not exaggerate measurements in any way.</p> <p>Please use the comments page for any additional information that would aid in sizing.</p> <p>Thank you, Actionwear Saskatoon Inc.</p>	



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Measurement Form

NAME	Height (A)	Weight (B)	Chest (C)	Waist (D)	Hip (E)	Inseam (F)	Other (G)	Fit Preference (circle choices)			Size (office use)	
								BODY	REG	LONG		SHORT
								BODY	REG	LONG	SHORT	
								LEG	REG	LONG	SHORT	
								FIT	REG	LOOSE	TIGHT	
								BODY	REG	LONG	SHORT	
								LEG	REG	LONG	SHORT	
								FIT	REG	LOOSE	TIGHT	
								BODY	REG	LONG	SHORT	
								LEG	REG	LONG	SHORT	
								FIT	REG	LOOSE	TIGHT	
								BODY	REG	LONG	SHORT	
								LEG	REG	LONG	SHORT	
								FIT	REG	LOOSE	TIGHT	



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Measurement Comments

NAME	Comments



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Numeric Sizes:

Actionwear's numeric sizes (40, 42, 44, etc.) have two inch increments between sizes.

Numeric Size Chart: Unlined Coveralls, Bomber Jackets and Parkas

SIZE	HEIGHT (FEET, INCHES)		WEIGHT (POUNDS)		CHEST
	FROM	TO	FROM	TO	
32	5' 3"	5' 4"	100	115	32
34	5' 4"	5' 5"	116	130	34
36	5' 5"	5' 6"	131	149	36
38	5' 6"	5' 7"	150	164	38
40	5' 8"	5' 10"	165	179	40
42	5' 10"	6'	180	194	42
44	5' 10"	6'	195	209	44
46	5' 10"	6'	210	224	46
48	5' 10"	6'	225	239	48
50	5' 10"	6'	240	254	50
52	5' 10"	6'	255	264	52
54	5' 10"	6'	265	274	54
56	5' 10"	6'	275	284	56
58	5' 10"	6'	285	299	58
60	5' 10"	6'	300	315	60

For sizes 42 and up

Height less than 5' 8" – order SHORT*

Height from 6' 1" to 6' 3" – order TALL

Height from 6' 4" to 6' 6" – order EXTRA TALL*

Explanation of Size Differences

Short – shorter than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Tall – longer than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Extra Tall – longer than regular by 3 inches arms, 3 inches legs, and 3 inches body

***Note: SHORT and EXTRA TALL sizes are not available from stock for all styles. Please check for stock availability.**



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Numeric Sizing Chart: Extended Size Range for 8310 Unlined Deluxe Coverall – Nomex® IIIA

Actionwear has inventory of style 8310 Unlined Deluxe 6 oz Nomex® IIIA coverall in royal blue from size 32 to 68 regular, 32 to 68 tall, 32 to 52 short, and 40 to 60 extra tall.

With our extensive stock size range offering sixty size options and our large inventory, Actionwear is able to fill orders immediately.

SIZE	HEIGHT (FEET, INCHES)		WEIGHT (POUNDS)		CHEST
	FROM	TO	FROM	TO	
32	5' 3"	5' 4"	100	115	32
34	5' 4"	5' 5"	116	130	34
36	5' 5"	5' 6"	131	149	36
38	5' 6"	5' 7"	150	164	38
40	5' 8"	5' 10"	165	179	40
42	5' 10"	6'	180	194	42
44	5' 10"	6'	195	209	44
46	5' 10"	6'	210	224	46
48	5' 10"	6'	225	239	48
50	5' 10"	6'	240	254	50
52	5' 10"	6'	255	264	52
54	5' 10"	6'	265	274	54
56	5' 10"	6'	275	284	56
58	5' 10"	6'	285	299	58
60	5' 10"	6'	300	315	60
62	5' 10"	6'	316	330	62
64	5' 10"	6'	331	345	64
66	5' 10"	6'	346	360	66
68	5' 10"	6'	361	375	68

NOMEX® is a registered trademark of E.I. du Pont de Nemours and Company.

For sizes 42 and up

Height less than 5' 8" – order SHORT

Height from 6' 1" to 6' 3" – order TALL

Height from 6' 4" to 6' 5" – order EXTRA TALL

Explanation of Size Differences

Short – shorter than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Tall – longer than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Extra Tall – longer than regular by 3 inches arms, 3 inches legs, and 3 inches body



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Ladies Sizing Guide for Style 8310 Unlined Deluxe Coverall – Nomex® IIIA

Actionwear can outfit most people from inventory because of the variety of stock size options in Actionwear’s style 8310 Royal Blue size range. There are fifteen stock size options available from size 32 to 40 including regular, short, and tall.

HEIGHT (FEET, INCHES)	APPROXIMATE WEIGHT	TIGHT FIT SIZE	LOOSE FIT SIZE
5' 3"	110	32	
5' 4"	125	34	36
5' 5"	140	36	38S
5' 6"	155	38	40S
5' 7"	170	40	42S
5' 8"	185	42	

NOMEX® is a registered trademark of E.I. du Pont de Nemours and Company.

Fit Differences between Unlined Coveralls: Deluxe (1310US, 8310, etc.) and Utility (1307US, 8307)

Waist Circumference	The utility coverall’s waist circumference is 1 ½ inches smaller than the deluxe coverall’s waist circumference
Inseam	The utility coverall’s inseam is 1 ¼ inches shorter than the deluxe coverall’s inseam

All other measurements are the same



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Numeric Sizing Chart: Shop Coat (Lab Coat)

SIZE	HEIGHT (FEET, INCHES)		WEIGHT (POUNDS)		CHEST
	FROM	TO	FROM	TO	
34	5' 3"	5' 4"	100	115	32
36	5' 4"	5' 5"	116	130	34
38	5' 5"	5' 6"	131	149	36
40	5' 6"	5' 7"	150	164	38
42	5' 8"	5' 10"	165	179	40
44	5' 10"	6'	180	194	42
46	5' 10"	6'	195	209	44
48	5' 10"	6'	210	224	46
50	5' 10"	6'	225	239	48
52	5' 10"	6'	240	254	50
54	5' 10"	6'	255	264	52
56	5' 10"	6'	265	274	54
58	5' 10"	6'	275	284	56
60	5' 10"	6'	285	299	58

For sizes 42 and up

Height less than 5' 8" – order SHORT*

Height from 6' 1" to 6' 3" – order TALL

Height from 6' 4" to 6' 6" – order EXTRA TALL*

Explanation of Size Differences

Short – shorter than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Tall – longer than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Extra Tall – longer than regular by 3 inches arms, 3 inches legs, and 3 inches body

*Note: SHORT and EXTRA TALL sizes are not available from stock for all styles.

Please check for stock availability.



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Alpha-Numeric Sizes:

Actionwear's alpha-numeric sizes (L, XL, 2XL, etc.) have three inch increments between sizes compared to many other manufacturers that typically have four inch increments between sizes.

Actionwear provides a broader range of sizes to ensure garments fit better

Alpha-Numeric Sizing Chart: Bib Pants, Insulated Coveralls & Fleece Jackets

SIZE	HEIGHT (FEET, INCHES)		WEIGHT (POUNDS)		CHEST
	FROM	TO	FROM	TO	
XS	5' 6"	5' 8"	115	135	34
S	5' 7"	5' 9"	136	155	36
M	5' 9"	5' 10"	156	175	39
L	5' 10"	6'	176	195	42
XL	5' 10"	6'	196	215	45
2XL	5' 10"	6'	216	235	48
3XL	5' 10"	6'	236	255	51
4XL	5' 10"	6'	256	275	54
5XL	5' 10"	6'	276	295	57
6XL	5' 10"	6'	296	315	60
7XL	5' 10"	6'	316	335	63
8XL	5' 10"	6'	336	355	66

For sizes Large and up

Height less than 5' 8" – order SHORT*

Height from 6' 1" to 6' 3" – order TALL

Height from 6' 4" to 6' 6" – order EXTRA TALL*

Explanation of Size Differences

Short – shorter than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Tall – longer than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Extra Tall – longer than regular by 3 inches arms, 3 inches legs, and 3 inches body

*Note: SHORT and EXTRA TALL sizes are not available from stock for all styles. Please check for stock availability.



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Alpha-Numeric Sizing Chart: Shirt

SIZE	NECK	HEIGHT (FEET, INCHES)		WEIGHT (POUNDS)		CHEST
		FROM	TO	FROM	TO	
XS	15	5' 6"	5' 8"	115	135	34
S	15 ½	5' 7"	5' 9"	136	156	36
M	16	5' 9"	5' 10"	157	177	39
L	16 ½	5' 10"	6'	178	198	42
XL	17	5' 10"	6'	199	219	45
2XL	17 ½	5' 10"	6'	220	240	48
3XL	18	5' 10"	6'	241	261	51
4XL	18 ½	5' 10"	6'	262	282	54

For sizes Large and up

Height less than 5' 8" – order SHORT*

Height from 6' 1" to 6' 3" – order TALL

Height from 6' 4" to 6' 6" – order EXTRA TALL*

Explanation of Size Differences

Short – shorter than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Tall – longer than regular by 1 ½ inches arms, 1 ½ inches legs, and 1 ½ inches body

Extra Tall – longer than regular by 3 inches arms, 3 inches legs, and 3 inches body

***Note: SHORT and EXTRA TALL sizes are not available from stock for all styles. Please check for stock availability.**

Waist Sizes: Pant

Actionwear pants are stocked in even waist sizes, and like all other manufacturer's pants, the actual waist circumference of the pant exceeds the stated size to provide "fit room". Actionwear's pants provide approximately 1 inch of fit room. For example, a size 34 waist pant will actually measure 35 inches in circumference.

Because other pant manufactures may have different amounts of "fit room", please use the following procedure to determine the proper waist size to order:

1. Measure the actual waist circumference from a pair of your existing pants that fit well (from button to button hole).
2. Choose the appropriate Actionwear waist size that, with the 1 inch of "fit room", equals or slightly exceeds this measurement.



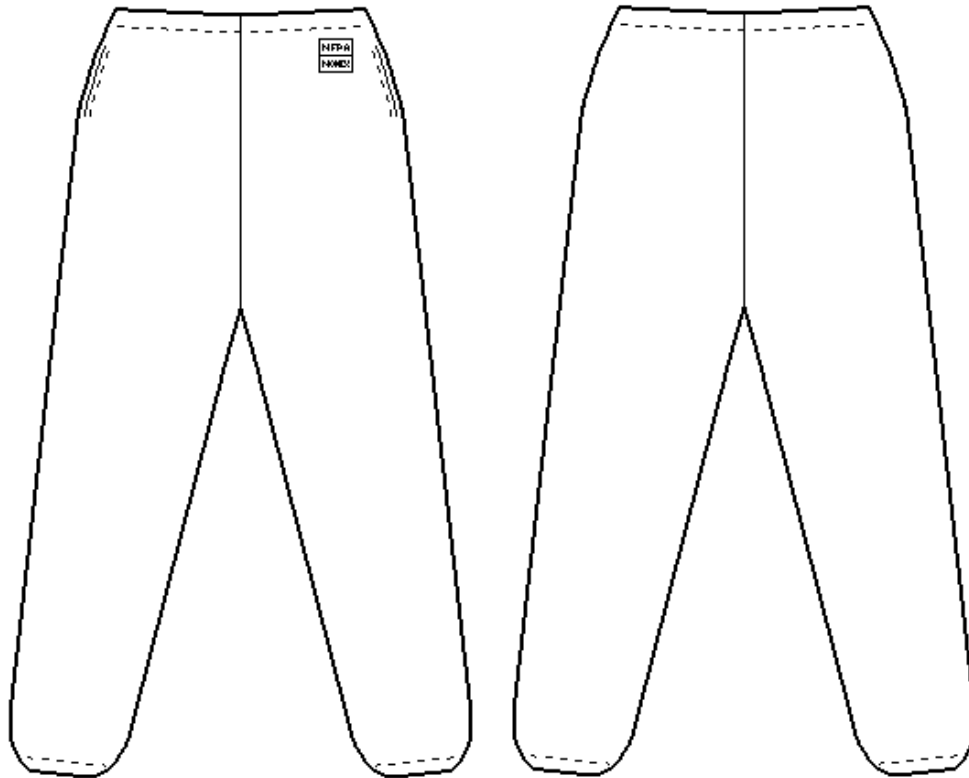
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Alpha-Numeric Sizing Chart: Fleece Sweat Pant

Size	Fits Waist Sizes	Actual waist Circumference of pant (unstretched)	Inseam	Outseam
S	26 – 34	28	29	41
M	28 – 36	30	30	42
L	30 – 40	32	30	42
XL	32 – 42	34	31 ½	44
2XL	34 – 44	36	32	44
3XL	36 – 46	38	32	44 ½
4XL	38 – 48	40	32 ½	45 ½

Note: Sweat pants have a drawstring around the waist.





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Alpha-Numeric Arctic Sizes: Actionwear Arctic Survival System garments

Bib Pant and Liner Jacket

The Actionwear Alpha-Numeric General Sizing Chart below can be used to size the following Arctic garments with no adjustments required: Arctic Bib Pant (83ALBMOD and 83ALBMODN) and Liner Jacket (83ALJMOD and 83ALJMODN).

Parka and Insulated Coverall

The Arctic Parka (83ALPMOD and 83ALPMODN) and Insulated Coverall (83ALSMOD and 83ALSMODN) were designed for use in Arctic winter conditions in places like Prudhoe Bay, Alaska, Inuvik, NWT or Siberia. In these harsh environments, the Arctic Parka and Insulated Coverall are normally worn over top of the Liner Jacket and, therefore, they are oversized to allow room for the Liner Jacket.

The temperature rating for the Parka/Liner/Bib combination or the Insulated Coverall/Liner combination is – 70° F.

Sizing Examples

If the Arctic Parka or Insulated Coverall is to be worn over the Arctic Liner Jacket, order the size as indicated on the size chart.

Example: Height = 5' 11", Weight = 210 pounds – order size XL

If the Arctic Parka or Insulated Coverall is to be worn over a heavy sweater or regular jacket, order one size down from the size indicated on the size chart.

Example: Height = 5' 11", Weight = 210 pounds – order size L

If the Arctic Parka or Insulated Coverall is to be worn over a regular shirt and/or sweatshirt, order two sizes down from the size indicated on the size chart.

Example: Height = 5' 11", Weight = 210 pounds – order size M

SIZING CHART – ALPHA-NUMERIC SIZES

SIZE	HEIGHT (FEET, INCHES)		WEIGHT (POUNDS)		CHEST
	FROM	TO	FROM	TO	
XS	5' 6"	5' 8"	115	135	34
S	5' 7"	5' 9"	136	155	36
M	5' 9"	5' 10"	156	175	39
L	5' 10"	6'	176	195	42
XL	5' 10"	6'	196	215	45
2XL	5' 10"	6'	216	235	48
3XL	5' 10"	6'	236	255	51
4XL	5' 10"	6'	256	275	54